



FALLS HOTEL & SPA

*Planning your day?! Take some well deserved
time out in our wonderful River Spa!*

*With a wonderful range of Elemis & Voya
treatments, including massages, wraps, facials,
bathing ceremonies - you are spoilt for choice...*

Leave time for our relaxation room!

*Dial 3403 from your bedroom to
make an appointment*

*Alternatively, why not look forward
to our wonderful Afternoon Tea served
daily from 1pm to 4pm?*

It's such a lovely treat...

€25 per person, €30 with a glass of prosecco



FALLS HOTEL & SPA

Breakfast Menu



Good Morning!

SELF SERVICE BUFFET

Creamy Irish Porridge
Selection of Classic Breakfast Cereals
A variety of fresh and dried Fruits & Nuts
Smoked Irish Mackerel
Freshly made Mixed Berry Smoothie
Natural Yogurt & Granola Pots
Selection of Cold Meats and Cheeses

You'll find a large selection of breads & pastries in our Bakery Corner and a range of cold beverages in our Beverage Section.

Please order tea & coffee from your server.

FALLS HEARTY FULL IRISH BREAKFAST BUFFET

Choose your favourites from:
Grilled Back Bacon
Fried Irish Pork Sausage
West Coast Black & White Pudding
Sauteed Button Mushrooms
Baked Herbed Tomatoes
Crispy Fried Potatoes
Creamy Scrambled Eggs

Available on request from your server...

Fried, Poached or Boiled Eggs, Hash Browns and Baked Beans

FRESH FROM THE KITCHEN

American Style Sweet Pancakes served with maple syrup or Nutella

Poached Eggs Benedict – toasted sourdough bread topped with carved Limerick Ham, poached farmhouse eggs and drizzled with buttery Hollandaise sauce (GF option available)

Fresh grilled Catch of the Morning with bearnaise sauce

Smoked Irish salmon Platter with capers & lime

GLUTEN FREE BREAKFAST

Choose from a range of items on the Self Service Buffet

Please see our GF section for a range of GF breads and cereals.

From the hot buffet – grilled back bacon, sauteed button mushrooms, baked herbed tomatoes, crispy fired potatoes and creamy scrambled egg

On request from the kitchen – gluten free sausages, pudding and hash browns, your choice of egg, baked beans

Vegetarian menu available on request from your server, please ask.

Please note that our dishes may contain one or more of the following allergens:

Cereals, Nuts, Fish, Sesame Seeds, Eggs, Milk, Soya, Celery and Celeriac, Mustard, Sulphur Dioxide, Lupin and Sulphites.